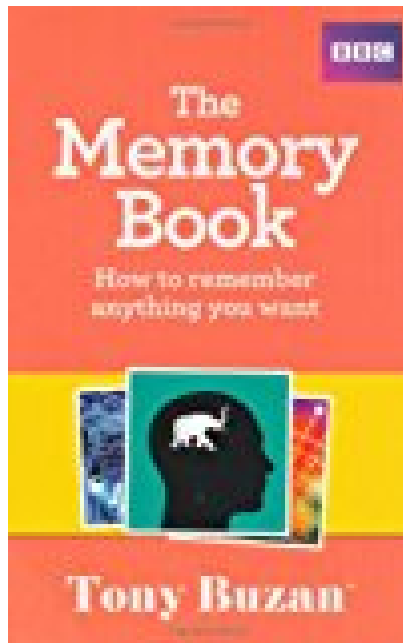


# The Memory Book How to Remember Anything You Want

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## BOOK DETAILS

- Author : Tony Buzan
- Pages : 232 Pages
- Publisher : Pearson Education Ltd
- Language : English
- ISBN : 1406644269

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## BOOK SYNOPSIS

This extraordinary book will start you off on what will be the most exciting intellectual adventure of your life and will provide immediate and compelling proof that your memory can easily and successfully become supercharged! The Memory Book will introduce you to advanced memory techniques, which when combined with the simultaneous development of all your senses, will blast your memory capability into the stratosphere. Imagine your life with a memory that can easily and perfectly learn and recall lists of 10 to 10,000 objects; where you know the name of every bone and muscle in your body; every element on the periodic table and its associated number; the location and capital city of every country in the world. The list of things you could know and learn, just like the capability of your memory, is endless and inexhaustible. The Memory Book is- \* \*The ultimate guide to mastering your memory. \*Written by the master of memory and the brain, Tony Buzan. \*A fully revised and updated, new edition of a book that has already sold hundreds of thousands of copies around the world. \*A serious memory improvement book for those serious about improving their memory. \*The perfect book for a society obsessed with brain training and mitigating debilitating and degenerative mental disease. \*A satisfying and hugely rewarding personal challenge - the opportunity to become a one-in-a-million memory master. \*As well as dramatically improving your ability to remember, you'll increase your IQ, think more creatively and imaginatively, and, in turn, achieve greater success in all areas of your life. \*Used to remember names, dates, numbers, speeches, whole books - anything.

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